CANA Welcome

A TOOL FOR ACCOMPANIMENT, EVANGELIZATION, FORMATION AND PASTORAL CARE OF COUPLES WHICH IS PARISH-BASED

CANA HOUSE
Les Pothières
1230 route de Pommiers
69480 Anse
www.cana.org

CANA
for a deeper, stronger love

It is true that many couples, once married, drop out of the Christian community. Often, however, we ourselves do not take advantage of those occasions when they do return, to remind them of the beautiful ideal of Christian marriage and the support that our parishes can offer them. I think, for example, of the Baptism and First Holy Communion of their children, or the funerals or weddings of their relatives or friends.

Given the pace of life today, most couples cannot attend frequent meetings; still, we cannot restrict our pastoral outreach to small and select groups.

Nowadays, pastoral care for families has to be fundamentally missionary, going out to where people are. *We can no longer be like a factory, churning out courses that for the most part is poorly attended.*

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Who are we?

The CANA Welcome program was born in 2012 in parishes entrusted to the Chemin Neuf Community. There are currently about fifty courses worldwide.

It is part of the wider CANA universe.
CANA is a mission of the Chemin Neuf Community and has been at the service of couples and families for more than 40 years. It is present in about fifty countries around the world. Its objective is to help to deepen the vocation of marriage and the family.

CANA for a deeper, stronger love

CANA in the World today…

15,000 people

300 formation weekends

140 weeks of retreat for couples

www.cana.org

CANA Welcome

CANA Welcome is a one-year program for couples. It consists of 9 monthly evenings and a weekend that includes children.

...To Accompany

Any man-woman couple, married or not, close to the Church or not, can experience CANA Welcome.

Experience shows that it particularly answers the questions of young couples between 25 and 40 years old, often in the first years of their life together which are often the most precarious.

...To Form

CANA Welcome allows couples to take time together, and with others, to address the major issues related to couple life. Sharing with other couples in a fraternal setting allows them to grow into a life that is now two instead of one.

...To Evangelize

Because we are Christians, we believe that CANA Welcome is also a place where each couple can discover God's action in their lives, the Rock on which the couple can build. He is the Way that can be followed with confidence. It helps them become a couple committed to the service of the Church.

CANA Welcome

A SIMPLE PATH TO HELP COUPLES LIVE OUT THEIR CONJUGAL VOCATION TO THE FULL.

Clear and easy to use tools...

A COMPLETE KIT FOR THE COURSE.

THE LEADER'S GUIDE

All the tools to launch the journey: a complete presentation of the year, advice on how to organize the journey, key points for each evening.

THE WEBSITE

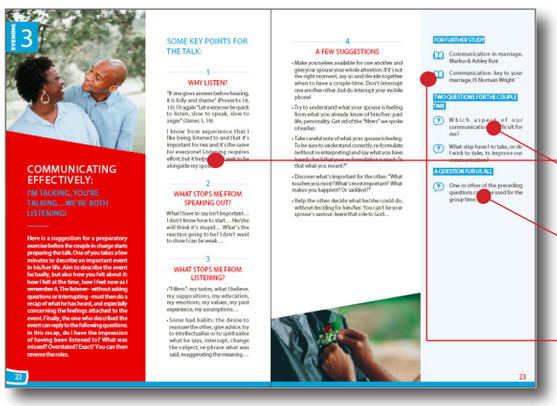
Resources to download
Videos, tools to promote the course and additional information...

THE PERSONAL NOTEBOOK

A personalized participant's notebook to help record the year's progress and journal all the issues discussed with a partner.

THE CANA TEAM

At your service to support you
Annual weekend training of leaders, a local resource person...



HOW DOES AN EVENING WORK ?

Couples take turns welcoming the group to their home...

10 min when the topic is introduced by one of the couples

30 min of couple time where you are given questions to discuss

45 min of sharing with other couples

Other suggestions to go further

What do couples commit to ?

- Participate in the group's 9 monthly evenings.
- Prepare 1 topic (10 min) for one of the evenings.
- Participate in the annual weekend (children welcomed).
- Serve together, strengthen fraternal bonds between couples and discover the parish in a different way.

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